


# Immediate

# Support



## WA Police

24/7

 **000** Emergencies  
**131 444** Non-Emergencies

## Crisis Support

24/7


 **Crisis Care Helpline**  
**1800 199 008**

Child protection, family violence,  
suicide risk, and homelessness


 **Ask Izzy**  
Click [here](#)


 **WA Connect**  
Click [here](#)

## Mental Health


 **Lifeline**  
**13 11 14**


24/7

 **QLife**  
**1800 184 527**  
3pm-12pm every day

 **Mental Health Emergency  
Response Line (MHERL)**  
**1300 555 788** 24/7

## Alcohol & Drug Support

 **Alcohol & Drug Support Line**  
**1800 198 024** 24/7


 **Parent & Family Drug Support  
Line**  
**1800 653 203** 8am-10pm  
Every Day

 **Here For You** 7am-10pm  
**1800 437 348** Every Day

## Aboriginal & Torres Strait Islander People

24/7


 **Brother to  
Brother**  
**1800 435 799**

 **13 Yarn**  
**13 92 76**


## Family & Domestic Violence

 **1800 RESPECT** 24/7  
**1800 737 732**

National support service for domestic,  
family, and sexual violence.

 **Domestic Violence Helpline**  
**1800 007 339** for Women  
**1800 000 599** for Men 24/7

## Homelessness

 **Entrypoint Perth**  
**1800 124 684**



Free support for people  
experiencing or facing  
homelessness

Mon-Fri 9am-7pm  
Sat-Sun 9am-5pm

 **Hardship and  
Homelessness**  
Click [here](#)

 **Youth  
Futures**  
Click [here](#)

## Women's Refuge

 **RUAH Community Services**  
**13 78 24** 8:30am-4:30pm  
Mon-Fri

 **Zonta House**  
**1800 870 149** 24/7